

HOW TO **PASS** MATRIC:

1

Stay focused

CONCENTRATE IN CLASS



Stay focused on the end goal – to pass your exams.

TAKE NOTES



Take notes in class and talk to your teacher if you don't understand a concept.

SUMMARIZE DEM NOTES



Then use these summarised notes to study off of during exams.

2

Make your holiday work for you

DRAW UP A STUDY PLAN



Create a calendar or roster that reflects all the days of your study break. Leave enough space to make notes on each of the days.

Download a **FREE** study plan by clicking here: <https://3mi2wy3arf4n3ge2uzb86do3-wpengine.netdna-ssl.com/wp-content/uploads/2017/05/Matric-Study-Planner.pdf>

STICK TO IT!



This is key. When you plan your time, you will see how easy it is to be productive and have fun.

PLAN STUDY SESSIONS WITH FRIENDS



We are better together. This will make the process of revising much easier and more fun.

GET INFORMED



Make sure that you know exactly when your exams are and how long you have to prepare for them.

3

Studying

STOP CRAMMING



Manage your time properly.

DON'T HIBERNATE



Remember to get out for some fresh air and exercise.

LAY OFF THE SUGARY ENERGY DRINKS



Fuel your brain and body with good food and lots of water instead.

STICK TO HEALTHY FOODS & SNACKS



An apple will help to sustain your energy levels and keep you focused.

MINIMIZE YOUR DISTRACTIONS



It's worth the sacrifice when you pass your exams.

4

Exam time!

GO TO BED



Sleep 8 hours so that you're not tired during the exam and have a clear mind to remember what you studied.

EAT A HEALTHY BREAKFAST



This will ensure your brain has fuel to write your exam.

TAKE A BREATHER



Pace yourself and work methodically through the exam.

BACK YO'SELF UP



Pack spare supplies in case you run out during the exam.

CELEBRATE YOUR ACHIEVEMENTS



Even if you are unsure about how the exam went, celebrate having completed your exam.

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Check out the full article on EduConnect:

<https://educonnect.co.za/how-to-pass-matric/>